

Good morning, everyone. We're beginning the study session on Saturday, March 21st. As always, I'd like to start with the Prayer for the World Peace unification.

## < **Prayer for the World Peace Unification** >

Thank you.

Looking at the news, I see commentary like: "What if oil stops coming? That won't work. We won't can supply that. Everything will fall apart." When we see news from newspapers, television, and the internet while placing our consciousness in the Physical Body, it's natural to think, "What's going to happen?" But over the past week or so, while viewing news with my consciousness on the Physical Body, I kept thinking, "There's more to consciousness than just the Physical Body consciousness." When I directed my awareness inward, I realized there are many ways of seeing beyond just the earthly realm visible through this Physical Body, and I was reconfirming this.

For example, when everyone looks at one person at the same time. Mr. KOGA, sorry for mentioning your name. When we all look at KOGA-san, I imagine you all hold various feelings about him. Those who interact closely with him might think, "He has these wonderful qualities as a human being." Someone else might think, "I've seen KOGA-san's face, but I've never spoken to him," and so they might observe, "His skin has a nice complexion," with various impressions.

I've been discussing one person, but I'd like to broaden the view further. I found a nice image to show. Here is the Earth. In our solar system, the closest stars to Earth are Mars and Venus—like neighbors. If we expand our perspective further and view Earth from the Sun, from Jupiter, from Saturn, from Neptune, from Uranus, from Venus, from Mars, from Mercury—viewing Earth from various planets in the solar system, or even from outside the solar system—we discover there are many different ways of seeing Earth.

In relation to Earth, some stars view it with affection, while stars from outside our solar system view Earth very coolly, thinking, "Shouldn't Earth just start over?" Incidentally, this asteroid belt is where the planet Maldek existed, which I spoke about during the Kyrieion gathering on February 11th. That planet no longer exists there, and there's an unnatural gap between Mars and Jupiter filled with countless star dust. That's a side note, but this shows we can view "one earthly realm" from many different angles.

Shifting our perspective dramatically inward to the depths of the heart, we say that within the human body, there's the astral body inside the Physical Body, the spiritual body inside the astral body, and the divine body inside the spiritual body. Viewing this from the perspective of consciousness, it means the astral consciousness of the self, the spiritual consciousness of the self, and the divine consciousness of the self. There are actually countless more stages than this, but I'm speaking in rough terms to avoid endless detail. The astral world is not so different from the Physical Body realm.

When we become the spiritual consciousness of ourselves and view the current earthly realm, feelings like anxiety and fear fade. We see things quite objectively—how this person is positioned and what they're doing, how that person is positioned and what they're doing.

With deeper breathing, going further inward, when we bring the consciousness of our "divine body self" to the surface consciousness and view the earthly realm, we understand that it's not about anyone being good or bad.

In the Physical Body earthly realm, those who agree with what Trump is doing might think, "Go, Trump, go for it!" but many rational Earth people think, "Trump, what are you doing?" However, when we view Donald Trump from the divine world, we understand that he is playing an important role in opening the curtain on a new era. He's playing a crucial role in ending the old civilization and promoting the conclusion of the old world.

Do you remember the story told at the Fuji Sanctuary that "humans can live even without food"? At that time, I heard it said, "With water alone, you can live for 2-3 weeks." However, the world is vast, and on this Earth there are actually people who have lived for tens of years without eating or drinking anything. They're in a state like immortals, living on the "mist," or in language we can easily understand, they're living by supplying themselves with Cosmic Waves. Such people exist, even outside White Light. So it's not true that everything ends when food runs out.

There's a concept in business called risk management. Using that way of thinking, I've imagined how I would live if something very unfortunate happened to the earthly realm. For example, if everyone lost their homes, I wondered if I could survive. The answer was "Yes, I could live." I could imagine gathering cardboard, wood scraps, anything, and building a temporary shelter to continue living. People who can't abandon the fixed idea that they need a roof to live will probably grow weaker in such times, but those who don't give up find a way forward in any situation.

Where is Earth heading? We're entering a world that anyone would normally worry about. But even if we entered a world where there's no oil, where certain things can't be made, where we can't supply them, where consumers can't buy them—somehow we would still live. This resilience is the force of life that's inherent in our existence. You might not recognize that you have such life force until such times come, but I suggest thinking, "I have this power in me, even if I don't understand it now."

Conversely, people who live thinking hopeful thoughts can create that kind of future, that kind of reality, right before their eyes and live lives filled with happiness, creating their own joyful existence. When we see something, it's about which aspect of it we see. News only shows the surface. For example, when watching television, we need to understand that television stations edit and broadcast with the intent to make you think a certain way and see things in a certain way.

On the internet, people often take out just one part of what a politician said somewhere and spread it around saying, "This person shouldn't say such things!" Regarding such selective quoting of politicians' words, if you listen to the full context, you understand that it's not a problem at all—they simply used that word within the flow of conversation. But such people just see that one phrase, hear it, and say, "That's unacceptable!"

We need to see the bigger picture. We need to grasp the whole. For example, here's a mobile

phone. It has a glass surface. It has a front and a back. It has a right side and a left side. It has a narrow top and a narrow bottom. When I turn on the screen, things display inside. If I disassemble it, there are many circuit boards inside. To see only one surface and think that's the whole thing—well, I'd have to say that's a shallow view.

Forgive me for using material objects, but here's a computer mouse. From above, there's a part you click and roll, there's a left-click button and a right-click button, and it has a back surface too. When we observe people through many angles and with deeper dimensions, our one-sided judgments of others begin to fade. Humans tend to judge others based on their own emotions. If their feeling is not to their liking, that person is not good for them. In some cases, they might even see them as enemies.

Ultimately, Earth people sort people into "good" or "bad," "close" or "distant," based solely on emotions. If we only see a person through emotions, we cannot see their full picture. Some of you may have heard the teaching, "Don't look at the person; look at their Guardian Spirits." When you absolutely cannot stand someone, don't want to hear their voice, don't want to face them, but you must work with them anyway—in that case, don't look at that physical human; look at their Guardian Spirits. That's what some of you were taught. That's one approach. I've actually tried it, and while this method works, I thought, "Maybe it doesn't resonate with everyone."

There are various paths of consciousness evolution. For example, some people become one with their divine self using "Guardian Spirits, thank you" as their single focus. But it doesn't follow that everyone should use the same method. Look around at the people around you. Not everyone agrees with my way of thinking. Everyone is born with their own path already determined. If there are 100 people, there are 100 ways of living, 100 paths to Divine Spark awakening. But you can't understand that unless you see it from a perspective that encompasses all views.

While we see our relationship with others from the position "This body is me," we live in a state where if things don't go our way, we complain, saying "Why does that person say such things?"—but if things do go our way, we don't complain. This is the actual consciousness state of 99.9% of Earth people today. Among Earth people, we represent a tiny fraction of 0.000001%, some of whom are living sacred lives right now, others who are aiming toward it. These are people working alongside cosmic beings or the Deities of the divine world.

We might not be at the exact same consciousness level as the Deities. But if we dedicate ourselves to being of service to the Deities, polishing and elevating ourselves, and practicing toward that goal, we become incredibly precious beings in this earthly realm today. Our existence is like searching for a chunk of diamonds in the Pacific Ocean—it's so rare that it's hard to find. That's how precious we are. Therefore, Goi-sensei wants to keep as many people as possible in the Physical Body realm.

Of course, even if Goi-sensei does that, there are people who want to return to the other world quickly. I don't mean just the surface consciousness. Some people harbor this in their subconscious. So someone who said "I want to live long" might suddenly return to heaven.

That falls into the category of "Only Guardian Spirits and Guardian Deities know." I don't think we as individuals can really understand when we will pass away until we reach the intermediate level or beyond of true unity with our divine self.

But if we strive to become one with our Guardian Spirits and Guardian Deities, trying to bring their consciousness into our surface awareness and live that way, we gradually change so that it becomes natural for us to view our Physical Body selves through the eyes of our Guardian Spirits and Guardian Deities. And we've already entered an era where change is the norm. Goi-sensei said he wanted to create people of the caliber of Jesus and Buddha—"those people" are us, living now.

Those who have returned to the other world are merely supporters. We are the main characters. Our role is to make Earth a good star, a peaceful star, a harmonious star, a star with people of such consciousness level that they can interact with the stars of the cosmos. On television, there's a famous former cram school teacher named Hiroo-sensei who says "Now is the time!" And that "now" is truly about this era. "Now is the time to achieve unity with our divine self." Today someone had to be absent, but this morning I talked with a man and we enthusiastically agreed on this: "Now is when we need to change." "If not now, when will we change?" If we leave things as they are, the earthly realm will certainly walk the path to destruction. But we're creating a new world, so it's about how that ending happens. The end of the old era.

The ending and the beginning come together. A new era begins. Think of the sky in the early morning. For those who don't wake up early, this might be hard to visualize, but before the sun's light appears in the eastern sky, it's pitch dark. The sky is completely dark. But as the time for the sun to rise approaches, the eastern sky changes to purple, reddish-purple, pink—indescribable fantastical colors. As it gradually shifts, daytime colors enter. The stars disappear from view. The brightness of day spreads westward from the east. That's a time when night's ending and morning's beginning coexist. The world we're living in right now is also entering an era where the ending of the old civilization and the beginning of a new civilization coexist.

When I say this, some people ask, "Looking at the world now, where is this sacred civilization beginning?" That's a shallow view. Where does sacred civilization begin? If you can answer quickly, that's wonderful. It begins in each of our hearts. If the number of people building sacred civilization in their hearts is small, it means the ending of Earth will be very tragic. Conversely, the more people—one, two, three, or more—who make the new sacred civilization real in their hearts, the softer the landing of the old era becomes—a soft landing with not too much severe damage or loss.

What the divine Deities and cosmic Angels are thinking is that they want to bring as many people as possible into the new world. But those with no interest in awakening their sacred nature can't be brought along. There are truly people of such varying consciousness levels in this world that we can't make generalizations. But there's no need to be that pessimistic. We're the ones creating a path where none existed. In truth, at a deep consciousness level, what we're doing now is something other stars have already experienced.

Think about human birth. I don't think there's ever been a baby born who suddenly started speaking. No baby is born, cries "Wah," and then says "Hello, Mom and Dad." I've never heard of such a baby. Why are we born without understanding anything? When you think about it, it's a very deep consideration by the Deities. It's a process where humans have a pseudo-experience of what God does. A person born as a helpless baby is raised by parents and people around them, becomes an adult, has children, raises them, and those children grow up and do the same. For example, going from human to Guardian Spirits, from Guardian Spirits to Guardian Deities, from Guardian Deities to Deities managing various aspects of nature, experiencing planetary consciousness, experiencing stellar consciousness—the Earth Grand Spirit Master is the Earth consciousness, the senior in our life.

We all walk the path back to the cosmic center, repeating roles as parents and children. Now, as Physical Body humans on Earth, we live the final lifetime in this realm to create a world harmonized with Earth. In this final lifetime, after countless reincarnations—hundreds or thousands—how should we live now? How should we guide and cultivate ourselves? The answer from life itself might be, "You're fine as you are," or "You'd do better by adjusting this aspect like this." Though the answers that come back from questioning your life differ for each person, when looking at each of us with a bird's-eye view, we all see ourselves walking the path toward the cosmic center evolving and creating in the same direction.

That witnessing isn't done with the Physical Body's eyes. It's witnessed with the eyes deep in the heart. When you pursue the question "What kind of being is a human?" deeply, the final answer arrives at something like "one with Universal God" or "born from Universal God." But the state of ourselves before arriving there—when living like this with a Physical Body, we naturally tend to think, "My body is me." But we're simultaneously living with astral consciousness, spiritual consciousness, divine consciousness. At the beginning of the cosmos, there was no cosmic space, no planets, no stars—nothing. Only Universal God's consciousness existed. At that point, Universal God wanted to divide themselves and see themselves, so we each became separate.

So we're called fragments of God, but we exist as life forms holding a drop of Universal God's light. Being God's children means we're created exactly like Universal God. Within our heart, there's a seeing self and a seen self. For example, if someone is prone to anger and quickly gets upset, try this: while you're upset, remember from a slightly higher angle to observe, "I'm getting upset." When you do this, getting upset seems foolish. This is a phenomenon that occurs when you simultaneously hold the consciousness of the seeing self and the seen self within your own heart.

It's now past 1:57, so let me make the Divine Spark IN once and take a break.

**< Divine Spark IN once >**

Thank you. I'd like to take a break until 2:11.

**< Break >**

It's past 2:11, so let me begin the second half. A time will come when all Earth people must face the life question: "Who am I really?" We who are ahead of that time are practicing

receiving answers to this question from our Guardian Spirits and Deities while asking our hearts, "Who am I?" But there will come a time when even people who've never given even a thought to truth must do the same.

To prepare for such times, we need to understand not just intellectually what our life is, what we are, but with our whole being—body, heart, and soul. Why? Because the number of senior beings who understand life's essence is small, and it will be very difficult to support all of humanity alone. The self-questioning we've discussed in study sessions for the past six months or a year—"Who am I?" "What am I?" "What is the self?"—pursuing these questions to ourselves, getting some answer, then asking deeper questions about that answer, getting another answer, asking even deeper questions... repeating this many, many times gradually allows us to express freely in words what we are.

Lately I often think that one important thing we should do in this process of Divine Spark awakening is the "languaging of the sacred." Can express in many different ways what "sacred" means. Just arming yourself with knowledge isn't enough. You've all heard people speak only from knowledge. The bottom line shows, doesn't it? Their talk is boring. They're not speaking from their soul. When someone just quotes who said what and who wrote it, you think, "That's just information." To avoid this, face the roots of your own life seriously. The process of bringing your surface consciousness back to the source of your life—this process itself is deepening the question "Who am I?"

Even if not completely, those who've explored the depths of their life to some degree can now express in their own words things like, "This is what Divine Spark awakening means," or "Humans are truly this kind of being." The world of life has such depth that I think there might be no finish line. So when we say "We are one with Universal God," we're talking about how much we need to become worthy to truly become one with Universal God.

Once, Masami-sensei said something about Goi-sensei. Right after he ascended, she said, "He is the conductor of the divine world." Decades later, I recall her using the phrase "Universal God's right hand." Just from this, we understand that the spiritual being appearing as "Goi-sensei" is now doing universal-scale work. But even saying "universal-scale work" isn't something we can easily reach.

Before that comes: experiencing being Guardian Spirits, experiencing being Guardian Deities, experiencing the Deities governing nature and various aspects, experiencing planetary consciousness, experiencing stellar consciousness, going to parent galaxy planets and repeating everything from the beginning, graduating from parent galaxies and going to parent-parent galaxies repeating again—how many stages of this would it take to arrive at the current Goi-sensei? It becomes almost beyond imagination. But once, Goi-sensei said, "My world isn't just Earth." Those who remember this might find it meaningful—he is a Divine Being managing the stars. Receiving the words from such transcendentally, transcendentally, transcendentally—I'm not sure how many "transcendents" to add—such highly advanced Divine Beings, "You are incarnations of Goi Masahisa," how should each of us now polish, cultivate, and elevate ourselves?—some of you have thought about this, others perhaps never have—such exploration toward the roots of inner life is something I

recommend doing abundantly now during this peaceful time, so that when sudden changes come later, you won't be confused.

No one can do this for us. Even our closest Guardian Spirits want to do it for us but can't. It's a journey where we ourselves discover and remember the true essence of our own life. This journey toward the source of life continues not just while living in the Physical Body but also after we go to the other world. When we eventually return to the other world, Goi-sensei will greet us. Our Guardian Deities will say, "This is where you'll live from now on," and introduce us to our new realm.

When that life ends, we might head to developing another planet or star, or somewhere different—destinations vary by person—become part of evolving and creating, or some might enter the world of Deities governing nature. On another star, might become Guardian Spirits. On another star, might be born as humans again. Accumulating such experiences, we live on the path returning to the cosmic center, the source, the origin of life, the great source that produced everything.

Looking with a grand perspective from a bird's-eye view, it's not just Earth people. All humanity on all stars equally travels the journey returning to the same source of life. Through such varied experiences, we enter deeper into the cosmic center, deeper into Universal God's source. Becoming one, returning. That is our life.

I believe the barrier between the world after death and this Physical Body realm will become thinner in the coming era. As we enter an age of interaction with cosmic beings, when family members pass, unlike now—instead of putting up their photo, lighting incense, and praying—in the future era, on the other side of an open door, on the other side of a sliding door, that person will be there.

If they've gone to another planet, it won't be that easy, but if they're in the spiritual world or divine world of the same planet, the barrier becomes very thin. For example, the distance to someone on another star would be like a distance you could walk to in 30 minutes to an hour.

In the coming era, the idea of "permanent separation" will become a "fossil idea." Therefore, I recommend creating a state where you don't have anyone you don't want to see. The dislike you feel toward someone continues even after they die. The dislike you feel creates that disliked person. Unless we pursue and investigate where the feeling of disliking someone comes from, we remain stuck in "I dislike that person" forever. Such a life is like sleeping on a bed of needles—the heart never finds peace. Of course, among those here, many have long since graduated from such a world.

But even people who say they're praying often say "I hate that person." What's the real cause of hating someone? "Well, that person speaks badly of others," or "They're mean," or "They're cold," or "They ignore me," or various reasons. But as long as we blame others, we won't find the real cause. If you've been paying attention, you've probably already realized: the cause of hating someone lies in your own heart.

Speaking more specifically, I often use the phrase "self-humanity." Within your own heart are

various selves. "I'm like this, I'm like that, oh, interesting, I'm also like this." The "self-humanity" in your heart has a pattern where a victim and perpetrator relationship develops, and they clash with each other. What I've said in study sessions is: the self that hasn't forgiven itself and the self that isn't forgiven. The self that doesn't acknowledge itself and the self that isn't acknowledged. The self that doesn't love itself and the self that isn't loved. I've presented it in rough categories, but the important thing is discovering that such selves exist within you.

Just discovering them is enough. You don't need to try to fix them. They harmonize the moment you find them. They heal just from being seen. Then what was all that before? It didn't heal because you weren't willing to acknowledge it. You weren't willing to look. Your Guardian Spirits gave you many hints, but you were closing your eyes and ears, running away from facing yourself.

Because of that, people have continued until now in the state of "always blaming others." If from Earth people who blame others for what's their own responsibility, even one or two or three fewer people emerge, that much faster Earth's harmony comes. The old civilization's ending achieves a soft landing with minimal damage, and we can easily meet with cosmic beings and, with help from other evolved stars, transform this Earth world into a new world. Conversely, if Earth people keep saying, "I'm not wrong; that person is, the company is, the store is, the prefecture is, the country is, the world is," full of complaints, peace remains distant.

As I mentioned before the break, peace of heart is the beginning of everything. Looking back, we've been working on building peace of heart for decades. In that context, what everyone comes across is the method of fading away. For example, in the second-generation era of White Light, when everyone gathered at the Fuji Sanctuary, in an outdoor venue with loud music playing, we shouted our feelings of fading away as loudly as possible, and everyone would go "waaaaah" like that.

In the third-generation era, through "Video Prayer Gatherings," using Zoom we divided into groups of 5, 10, or however many, and in each group, people confessed their feelings of fading away before everyone and reported them. The surrounding people would pray together for them. I think both the second and third-generation approaches are valid, but for people who don't connect with those methods, there's hesitation in expressing fading away before everyone, and they can't tell the truth.

For example, in "Video Prayer Gatherings," people might only report what's safe to report, what's superficial, and not tell others what's truly deep. Similarly, my way of speaking now is just one approach. In truth, there are as many ways of fading away as there are people. Looking at the participant count now, it shows 72, so if there are 72 people, there should be 72 different ways of fading away.

I wish there were a place where you all share your actual experiences of "this is how I achieved fading away." What I mean is by sharing how we each approach fading away, we each gain more "drawer of ways to communicate" when we face world humanity going

forward. Generally, humans can't connect with what they haven't experienced. But through experiencing others' accounts, we can have pseudo-experiences. A pseudo-experience is being exposed to something not directly experienced but as close as actually experiencing it. For example, from the Showa 30s-40s era, they often said, "Try to encounter as much film, books, music, art—culture and arts—as possible." It was said that if you see in a movie, "You shouldn't do this to people," that's a pseudo-experience you've had.

There are all kinds of films. Some people don't want to see cruel scenes. But seeing cruel scenes becomes a lesson—"I shouldn't do this." A part of you thinks, "Well, I already know that," but turning away from the truth while saying "I know" is different. What's real is not being moved by seeing it. In that sense, I still have work to do. I have a self that still doesn't want to be exposed to sad or cruel scenes. So I want to reach a state where watching doesn't shake my heart.

In today's world, there are many places on Earth with war and conflict. Many people have lost one leg or one arm, or both legs are amputated. I genuinely feel sympathy. But standing with each person's Guardian Deity, I get the answer, "This person is gaining experience for their learning." But as a human, feelings of pity, sympathy, "How sad" emerge. In truth, there's no need to feel pity, but as long as the feeling that the body is me doesn't disappear, whatever we see or hear, our hearts continue being shaken—we stay in that state endlessly.

So at this point, we should make efforts to exit that repeating spiral. When talking with people, if someone brings up a pitiful story, it's fine to respond, "Yes, I see." You don't need to argue "It's not sad." Go along with what the other person is saying—"Yes, how sad, poor thing"—say it with your mouth, and simultaneously hold the consciousness in your heart: "Don't worry; everyone's about to experience Divine Spark awakening. There's no problem!" This simultaneous existence is the practice of the seeing self and seen self we discussed earlier.

If you're angry, from a slightly higher angle observe yourself: "I'm getting angry." Experience that self observing objectively. While seeing objectively—"This person is angry"—and simultaneously being angry, savor and enjoy this simultaneous existence of self.

"Interesting, the human heart works this way," it becomes fun. The idea that "my consciousness is only the Physical Body self's consciousness" is a big mistake. Within yourself exists Guardian Spirits consciousness. There's astral consciousness. Divine consciousness. Guardian Deities consciousness. Direct Kami consciousness. When we become more worthy, I think consciousness closer to Universal God will also manifest. At the current stage of Earth, we can be certain these levels of self exist, so these deeper selves simultaneously exist, and we practice bringing these objectives into surface consciousness. When the Physical Body self thinks something, we practice having the consciousness observing objectively.

Like "I'm in deep sadness, let me observe this objectively," or "I'm angry now; let me observe this anger objectively," observing ourselves. This is done consciously, so don't worry—this isn't psychosis. If done unconsciously, it would become psychosis. In the process of fully

becoming who we are, manifesting the sacred self within is truly important work. Manifesting the deeper self means can language it. Being can say in words, "It's like this." What we don't understand can't be languaged. But if we truly understand, we can express it in words. Often scholars speak using difficult specialist terms, explaining logically, but we don't understand what they're saying. Meanwhile, others can explain specialist knowledge in understandable language to people like us.

I hope we can become people who can express the sacred world in understandable words. It's easy to say difficult things in a difficult way. But to say difficult things simply requires truly understanding. Interestingly, this is generally an area where women excel. The logical brain doesn't surface as much as the intuitive and sensory sides. Intuition and sensation surface more readily, making it easy to connect directly with the essence.

Those of us born with male bodies tend to lead with logic, circling around essence without entering it. But even if you're that type, pursuing logic to its extreme leads to essence. Those who reach essence through logic can connect with deeper worlds than those connecting through sensation alone. So if you notice "Intuition and sensation don't surface much in my type," there's no need to worry or feel discouraged.

Whatever personality you have, whatever type you are, there's always a path to Divine Spark awakening. I hope each of you will bodily face the depths of life, pioneer paths where none existed, and share that with the people around you.

So with that, I'll end today's discussion. Next time is April 4th, the first Saturday. Thank you. Finally, let me make the Divine Spark IN three times and conclude.

**< Divine Spark IN three times >**

Thank you. Now we'll end today's study session. Next time is Saturday, April 4th.

**< Goodbye Time >**

Thank you for participating.