

[For Self-Awareness of the Spirituality and Divinity that Lie Beyond the Fading Away Phenomena]

Drawing out the self that can face fading away phenomena

In the recent Video Prayer Gathering, Rika-sensei spoke about the “function of fire.” Whether or not this is related to “Hinoe-Uma,” as of January 2026, both in “this world” perceived by the five senses and in the world of spirit and mind that lies beyond the five senses, we are in a state where, through the function of fire, it is easy to perceive and observe various fading away phenomena, in both the visible and invisible worlds.

Therefore, this time, on “A Day Interconnected by Divinity,” in order to clearly recognize as oneself the spirituality and divinity that lie beyond the fading away phenomena, we will make this a time to connect with the “inner consciousness” that does not become disturbed even when directly facing the unavoidable fading away phenomena.

For this purpose, the most important thing is to guide and nurture ourselves so that each one of us recognizes our own self-awareness—such as “What am I?” and “What is the self?”—by acknowledging ourselves as beings on the side of divinity, like “a divine being,” “a spirit from God,” or “one who is I myself am God.”

That is, by knowing the true nature of the self-awareness that we ordinarily and naturally hold as “this is who I am,” and if that self-awareness is far removed from divinity, to cultivate a heart that can naturally think of oneself as “Man is originally a spirit from God, and not a karmic existence. He lives under the constant guidance and protection provided by his Guardian Deities and Guardian Spirits.”

The difference between those who can live happily and those who cannot

The destiny of each one of us is formed on the foundation of individual self-awareness. Those who see themselves as incomplete, weak, evil, impure, or inferior create disharmonious destinies in accordance with that self-awareness and walk such paths.

Even if they appear to live in this world, which seems utterly imperfect when viewed only on the surface, those who fully acknowledge themselves as divine beings and live by manifesting the infinite various powers and elements inherent within themselves walk lives filled solely with joy, gratitude, and happiness, regardless of others’ evaluations.

As to where that difference arises from, at this point it need not even be discussed: the fundamental cause is solely whether one’s self-awareness aligns with the laws of the universe or deviates from them, and nothing else.

Even if karmic ties from past lifetimes or fading away phenomena remain and their influences appear in living environments, human relationships, or health conditions, there are many divine people who live undaunted by such things.

Because such people can also be found among those with no connection to spirituality or religion,

it can be said simply to be a matter of everyone's personal self-awareness.

In other words, it can also be said to be "whether one's inherent disposition is optimistic." Even without interest in the spiritual world, if a person has an optimistic disposition, some live expressing a part of divinity; conversely, even if one is deeply immersed in religion or spiritual methods, if their way of thinking or self-awareness is pessimistic or negative, such people without exception spend their lives mired in suffering.

Turning an objective eye toward oneself

What is important is to turn toward oneself that "objective eye that can observe the people of the world in such a way." "Who am I?" "What kind of being do I acknowledge myself to be as I live?" "How have I lived in this lifetime up to now?" One directs such questions toward oneself, and without fleeing from or deceiving oneself regarding those questions, one faces oneself directly. It is at that moment that one can truly recognize the qualities that deviate from one's own truth and should be made into fading away phenomena...

Here, I wrote "qualities that should be made into fading away phenomena," but it is more accurate to say "qualities that should be erased by the Guardian Spirits." I express it this way because we cannot accomplish Divine Spark without the Guardian Deities and Guardian Spirits.

Why did the Universal God place Guardian Spirits and Guardian Deities within the soul of each individual human on Earth? (This is written in "God and Man.") If we can recall this, then the strain, assumptions, and fixations such as "I must do my best" or "I must somehow manage on my own" will gradually fade away.

From this, we understand that it is the Guardian Deities and Guardian Spirits who erase the fading away phenomena, and that what we should do is this: while practicing living by manifesting the divinity inherent in humanity, when we discover in our way of life thoughts, words, or actions that deviate from our own truth or the laws of the universe, we should readily hand them over to the Guardian Spirits, have them turned into fading away phenomena, and then live by expressing and overlaying divine thoughts, words, and actions.

Knowing the true now

Regarding the proposition "What is the true now," I believe all of you are already aware. By understanding this, one can live without wavering while manifesting thoughts, words, and actions unified in divinity.

Moreover, to know the truth now, it is important to grasp the whole picture of the present, past, and future, including what is past and what is future. What is the past, what is now, and what is the future?

The past is not only time that has already passed. Even "events," "phenomena," and the "now perceived by the five senses," expressed as "An earthquake happened just now," "I was just struck," or "I was just praised," are also the past.

Then what is the true "now"? It is what we are thinking, saying, and doing in real time at this very moment. Our thoughts, words, and actions themselves are the true now. Manifested phenomena and the thoughts, words, and actions of others are the past for oneself.

And thus, at this very moment, the thoughts, words, and actions with which we react to something

become the seeds that create future destiny.

When we think this way, we can understand that each and every moment of our thoughts, words, and actions cannot be treated lightly. That said, there is no need to shrink one's heart by thinking "I must not deviate from truth" or "I must not misspeak."

Even if one ends up speaking ill of others to someone one lets one's guard down with, or harbors thoughts that demean others, or expresses excited words and actions in a heated exchange, if one immediately reflects, apologizes to others if necessary, acknowledges those thoughts, words, and actions as fading away phenomena, and directs gratitude to the Guardian Spirits while praying the Prayer for World Peace and having them erased, they will not remain as negative causes for the future.

On Saturday night, we will reaffirm that all of us are originally divine beings, take the state of infinite gratitude as a natural awareness, connect with the spirituality and divinity that we all inherently possess, and make this a time to live by manifesting divinity. Those who are able to make the time are welcome to participate.

[Opening Remarks for the Day]

NAGANO : Hello everyone. We will now begin the Saturday program, "A Day Interconnected by Divinity."

Today, as indicated in the invitation email, we will reaffirm that all of us are originally sacred beings; we will take a state of absolute gratitude as our natural awareness; we will bring forth our spirituality and divinity, as well as the infinite power that our true heart naturally possesses; and we will mak

1. Prayer for World Peace

NAGANO : Let's get started.

Sekai Jin-rui ga Heiwa de ari-masu you-ni.

Nippon ga Heiwa de ari masu you-ni.

Watakushi-tachi no Ten-meï ga mattou sare masu you-ni.

Shugo-Rei-sama, arigatou gozai-masu. Shugo-Jin-sama, arigatou gozai-masu.

May peace prevail on Earth.

May peace be in our homes and countries.

May our missions be accomplished.

We thank you, Guardian Deities and Guardian Spirits.

2. Practice Positive Thinking

TOGUCHI : Next, we will read aloud the 49 items of Practice Positive Thinking, one item once, while forming the IN. We have continued the Practice Positive Thinking for a long time, and looking back, we began chanting these words of light such as "Infinite Love," "Infinite Harmony," and "Infinite

Peace” in March 1992.

At first, it was begun together with “Gratitude to Nature,” without using the IN, as a practice to adjust vibrations in preparation for participating in the May Grand Event of that year. Then, from September 2001, the “Practice Positive Thinking” and “Gratitude to Nature” that were started at that time came to be practiced using the IN.

Therefore, we have been practicing “Practice Positive Thinking with the IN,” which we will do later today, for over 24 years, and “Practice Positive Thinking without the IN” for over 34 years.

Up to this point, day after day, continuously, we have kept chanting “Infinite Love,” “Infinite Happiness,” “Infinite Joy,” “Infinite Health,” and “Infinite Gratitude.” Before beginning the “Practice Positive Thinking with the IN,” I would like us to take some time to reflect on how naturally these “Infinite ...” words of light have become established in our hearts.

Everyone, please close your eyes and observe how closely the 49 kinds of words beginning with “Infinite ...” that I will now read aloud fit with your own awareness.

From now on, I will read the “Infinite ...” words of light as words, but please do not try to understand them with your head. Please feel them in your heart as resonance, as vibration.

As you receive each resonance I read now deep in your chest and observe it from the perspective of “How much does this resonance resonate with my own heart?”, you will be able to become aware of the vibrations of light that you have already embodied, and the vibrations of light that you have not yet embodied to the point of fully sublimating them as yourself.

For example, suppose I feel a sense of discomfort with the resonance of “Infinite Forgiveness.” When we carry something in our daily lives that we cannot forgive, we feel a sense of discomfort with the word “forgiveness.”

At such times, rather than pressuring ourselves by thinking “I should forgive” or “I must forgive,” we consider, “What elements form the foundation of a forgiving heart?” Then, if we catch resonances such as “having a large capacity” or “becoming someone with a big heart,” we think, “What elements are needed to make a big heart my own?”

Then, the Guardian Spirits teach us through first intuition things like “a heart of love,” “God’s perspective,” or “oneness with the Guardian Spirits and Guardian Deities.” In that case, what I need to do in order to make “Infinite Forgiveness” my own is “oneness with the Guardian Spirits.”

If there are any “Infinite ...” resonances that feel uncomfortable to you in this way, after this we will play the Touitsu CD for 8 minutes and 44 seconds and perform Touitsu Meditation. At that time, using the earlier example, please imagine “I am a baby held in the arms of the Guardian Spirits,” and like a baby held in its mother’s arms, feeling safe and content, pray, “Guardian Spirits, Guardian Deities, thank you very much. May Peace Prevail on Earth.”

Now, I will read aloud the 49 kinds of words. Please observe within your own heart which words resonate with you and which do not. After that, we will perform the “Practice Positive Thinking with the IN.”

Now I will begin reading. Please relax and listen.

《Reading of the 49 Words of the Bright Thought》

Infinite Love · Infinite Harmony · Infinite Peace · Infinite Light · Infinite Power · Infinite Wisdom · Infinite Life

Infinite Happiness · Infinite Prosperity · Infinite Abundance · Infinite Supply · Infinite Success · Infinite Ability · Infinite Possibility

Infinite Health · Infinite Vitality · Infinite Healing · Infinite Freshness · Infinite Refreshment · Infinite Energy · Infinite Hope

Infinite Freedom · Infinite Creation · Infinite Expansion · Infinite Vastness · Infinite Development · Infinite Energy · Infinite Gratitude

Infinite Joy · Infinite Beauty · Infinite Youth · Infinite Goodness · Infinite Truth · Infinite Purity · Infinite Righteousness

Infinite Victory · Infinite Courage · Infinite Progress · Infinite Improvement · Infinite Strength · Infinite Intuition · Infinite Innocence

Infinite Forgiveness · Infinite Glory · Infinite Nobility · Infinite Dignity · Infinite Grace · Infinite Radiance · Infinite Embracing Power

Thank you very much. We will now continue with the “Thorough Practice of the Bright Thought with Mudras.”

《Thorough Practice of the Bright Thought with Mudras》

May peace prevail on Earth.

Infinite Love · Infinite Harmony · Infinite Peace · Infinite Light · Infinite Power · Infinite Wisdom · Infinite Life

May peace prevail on Earth.

Infinite Happiness · Infinite Prosperity · Infinite Abundance · Infinite Supply · Infinite Success · Infinite Ability · Infinite Possibility

May peace prevail on Earth.

Infinite Health · Infinite Vitality · Infinite Healing · Infinite Freshness · Infinite Refreshment · Infinite Energy · Infinite Hope

May peace prevail on Earth.

Infinite Freedom · Infinite Creation · Infinite Expansion · Infinite Vastness · Infinite Development · Infinite Energy · Infinite Gratitude

May peace prevail on Earth.

Infinite Joy · Infinite Beauty · Infinite Youth · Infinite Goodness · Infinite Truth · Infinite Purity · Infinite Righteousness

May peace prevail on Earth.

Infinite Victory · Infinite Courage · Infinite Progress · Infinite Improvement · Infinite Strength · Infinite Intuition · Infinite Innocence

May peace prevail on Earth.

Infinite Forgiveness · Infinite Glory · Infinite Nobility · Infinite Dignity · Infinite Grace · Infinite Radiance · Infinite Embracing Power

3. Touitsu through the Prayer for World Peace

TOGUCHI : Thank you very much. Next, we will conduct a Oneness Meditation in order to fully feel that the various elements of light from the Bright Thought we have just practiced are firmly rooted within each and every one of us, vividly present as a living reality.

If, during the process, you happen to sense the resonance of something that should fade away, please trust that, through the bright resonance of the Bright Thought just practiced and the loving resonance of the Guardian Deities and Guardian Spirits embracing us, those vibrations that should fade away are melting from your heart, just as snow melts when spring arrives. Entrust everything to your gratitude toward the Guardian Deities and Guardian Spirits and to the resonance of the Prayer for World Peace.

At that time, depending on the moment, it may also be helpful to recall the “Declaration of I Am God; Humanity Is God” and quietly recite it within your heart. Now, let us begin.

Sekai Jin-rui ga Heiwa de ari-masu you-ni.

Nippon ga Heiwa de ari masu you-ni.

Watakushi-tachi no Ten-meï ga mattou sare masu you-ni.

Shugo-Rei-sama, arigatou gozai-masu. Shugo-Jin-sama, arigatou gozai-masu.

May peace prevail on Earth.

May peace be in our homes and countries.

May our missions be accomplished.

We thank you, Guardian Deities and Guardian Spirits.

4. Divine Spark IN

NAGANO : Thank you very much. Finally, we will form the Mudra of Divine Reawakening seven times in succession, and together with the Divine Beings and the Archangels of the Universe, we will send the Light of the Universal Deity to Great Nature, to all living beings, and to all humanity. Now, let us begin.

We send the Light of the Universal Deity to Great Nature, to all living beings, and to humanity.

We send the Light of the Universal Deity to Great Nature, to all living beings, and to humanity.

< Form the Mudra of Divine Reawakening seven times in succession >

< Remain as you are and meditate with eyes closed for 14 seconds >

TOGUCHI : Hai, arigatou gozai-mashita.

NAGANO : Thank you very much.

That's all.