

✂After giving the opening greeting and finishing the Prayer for World Peace, when I sat down again, I realized that several people had contacted me through LINE or by phone, telling me, “Your microphone is still off.” During the break, one person called and said, “Your wife isn’t there today, right? When she’s around, she always lets you know if you make a mistake.” And that was exactly true.

I’m so sorry. It seems my microphone was off just now. I had silenced my phone, and several people kindly called or messaged to let me know, so I will do it once more.

What I said at the very beginning was that “we will first offer the Prayer for World Peace,” and that “we will pray without using the Touitsu tape this time.”

I also mentioned, “It will take about two or three minutes. During that time, please pray in your heart, saying ‘May Peace Prevail on Earth.’” So now, let us once again offer the Prayer for World Peace.

《Prayer for World Peace》

Today’s title, as shown at the beginning, is “The Characteristics of a Person in Whom Divinity Has Manifested.”

There are many ways to express this, but today’s focus is that “a person in whom Divinity has manifested has no habits.” To become a person without habits. As Divinity manifests more and more within us, our habits gradually fade away.

There is a comedy duo from Okayama called “Chidori,” composed of two men in their forties. One of them, Nobu-san, has a famous catchphrase: “You’ve got a strong habit!”

That line is used whenever someone does something that anyone would think is a bit strange or funny. Nobu-san saying that line has become a trademark reaction. In the same way, all of us living in the physical world, to a greater or lesser extent, have strong habits.

Habits of thought, habits of speech, habits of action — we all live with our own habits without exception. When, in daily life, we learn to entrust these habits to our Guardian Spirits and instead express divine thoughts, words, and deeds through ourselves, those habits gradually fade away without our noticing.

Therefore, to put it simply, I believe that a world at peace is a world where humanity has let go of all its habits.

Unless we release our habits, we cannot enter the divine world. If we cling to them, believing “this physical body is myself,” we are swayed by emotions of joy, anger, sorrow, and pleasure, constantly reacting to others’ words and actions. We end up living each day like riding an emotional roller coaster, rising and falling in constant motion.

This also means we are harming our own bodies. Human suffering and distress all originate from thoughts that deviated from truth at some point in the past, which then became the cause of fate and now appear as results in this life.

When we transform those causes into divine thoughts, words, and actions, the destiny that appears in the future becomes a bright one — joyful, delightful, and bringing happiness to all.

To achieve this, we must look at ourselves objectively in this very moment and say to ourselves, “This is my

habit,” “This is the habit of my thoughts,” “This is my habitual phrase,” “This is a conditioned reflex that appears as my behavioral habit,” and then consciously observe our own thoughts, words, and actions, and let them go.

To let go means simply to think, “Ah, this is my habit.” That alone is enough to release it. But if you still feel uncertain, then sincerely ask your Guardian Spirit for help.

“Guardian Spirit, thank you for helping me become aware of my habitual thoughts. I no longer need this habit of thought, so please, Guardian Spirit, take it from me. Thank you. May Peace Prevail on Earth.” When you offer such a heartfelt prayer to your Guardian Spirit, they will help remove your habits of thought, speech, and action.

However, just doing this once, twice, or even three times will not immediately make you a person free of habits.

That is because we all have past lifetimes. The habits formed from our past lives have been cultivated over thousands or even tens of thousands of years, through countless cycles of appearing in this world and returning to the other world again and again.

Please recall what I mentioned in a previous session—perhaps the last one or the one before that—that when a human being is born into this world in the form of one individual, the soul is actually a blending of two or three different spiritual lineages, unified and mixed together into one soul, which then manifests as the human personality in this lifetime.

Therefore, if you find yourself with a habit of self-deprecation, of blaming or criticizing yourself, of mentally punishing yourself, please remind yourself: “I’m not made only of bad habits.”

Within us, there certainly exist spiritual lineages full of challenges, lessons, and unresolved issues, but at the same time, there are also magnificent spiritual lineages within us that, in past lifetimes, attained enlightenment, helped many people, and performed noble deeds repeatedly.

Thus, in this lifetime, what we human beings are meant to do is to integrate and harmonize these two or three (or more) spiritual lineages within ourselves, as those who are now living this present life.

This process takes place regardless of whether or not a person considers themselves religious or spiritual—it is something occurring within every single human being.

The integration of spiritual lineages is happening within all people. Even in those who live selfishly, thinking, “It’s fine as long as I’m happy, even if I have to push others down,” the integration of spiritual lineages is still taking place.

It is being done by their Guardian Spirit. As I mentioned before, if we recall people in our lives—those who may have been rebellious or sharp-edged in their youth—many of them, as they age and reach their later years, become more gentle and rounded.

Even if that person never consciously sought anything spiritual, such transformation still occurs. In most cases, it is thanks to the devoted work of their Guardian Spirit.

Most people on Earth who are living today do not know about the existence of their Guardian Spirits and live their lives without ever turning their hearts toward them. In terms of the total population, it would be something like “99.999...”—with seven or eight zeros after the decimal point—meaning that almost all people on Earth live while ignoring their Guardian Spirits.

Perhaps there are even some who, though they have been praying for World Peace, have forgotten that they are actually living together with their Guardian Spirits.

At the end of the Prayer for World Peace, there is a line that says, “We thank you, Guardian Spirits. We thank you, Guardian Deities.” When we pray, we recite these words, but outside the moments of prayer, we often forget them.

For example, when working, caring for one’s parents, looking after children, lying on the sofa watching a drama in the afternoon, going out shopping for dinner in the evening, taking a bath, or getting into bed—these are all ordinary parts of daily life.

During those times, very few people are aware of their Guardian Spirits. I can say “few” with confidence because I have actually interviewed dozens of people across the country.

When people are forming the Divine Spark IN or offering prayers, their spiritual eyes are turned toward their Guardian Spirits. However, in their daily lives, that “prayerful heart” becomes separated from everyday living. As a result, even though they may perform wonderful practices such as the Prayer for World Peace or the Divine Spark IN, since most hours of the day are spent outside of prayer, their hearts do not easily become truly elevated.

This is one of the main points I have been sharing in this Study Session, which has been continuing since September 2023. Starting from this June, the frequency increased from once a month to twice a month. As a physical human being, I naturally prefer an easier schedule rather than a busy one. Yet, for the past few months, words have been overflowing from within me and will not stop.

Some time ago—perhaps one or two sessions back—I was told by the beings within that “we haven’t spoken enough.” I replied, “Even if you say that, everyone here still has their lives in this world,” and so I ended the session there.

Right now, the Earth truly stands at a crossroads—whether it will rise or fall. It has been that way continually, even since the Showa era.

What is absolutely clear is that the reason Earth still exists at this very moment is because we and our predecessors have continued to offer the Prayer for World Peace with all our hearts.

Yet even now, at this very moment, there are countless people on Earth who live while constantly releasing karmic thoughts. At the same time, we are resonating the vibration of the Prayer for World Peace as we live. I do not wish to use expressions of dualistic opposition, but in truth, the light of prayer and the self-centered thoughts of humankind are struggling against each other in shaping the destiny of the planet.

However, as the song once said, “Love will win.” In the end, it is the heart of love that embraces and encompasses everything. All thoughts and all people who have strayed far from love will ultimately be enveloped by love itself.

In the previous Study Session, I spoke about the phrase “Dakimairu” (to embrace and visit in reverence). This is a word that appears in the divine revelation called “Hinomoto Shinji” or “Hifumi Shinji.”

It is a phrase that means to hold the heart of God, to lift up and embrace all humankind, and in that state, to ascend—to “Dakimairu,” to embrace and offer all humanity to Heaven. It is we who embrace humanity and offer it to Heaven—not anyone else.

The expression “ascend” is not quite accurate, because our physical feet stand upon the Earth while our heart and head are in Heaven.

Therefore, at this very moment, every one of us here is “one who connects Heaven and Earth.” Those who

connect Heaven and Earth are gathered here now.

Each of us, by bringing forth our own unique qualities, cooperating and supporting one another, will lead the people of the world into the Divine World. There are many ways to express this idea.

In India, Nipun Mehta teaches a way of living called “Laddership.” It means that we each become a ladder for one another—sometimes allowing another to climb our ladder, and at other times climbing the ladder that another offers.

Each of us becomes one who connects Heaven and Earth—a ladder connecting Heaven and Earth—and leads the people of the world into the Divine Realm. To raise humanity into the world of the Source of Life is the shared Divine Mission of each of us living in this age. It is our mission, a sacred calling bestowed upon us from Heaven.

It is not something we do alone. We accomplish it by joining our strengths together. For example, think of the power of prayer.

When one person prays, it is one light; with two, the power grows; with three, with ten, with twenty, with fifty, with a hundred, with a thousand, with ten thousand—when many gather to pray, the energy of that prayer does not merely add or multiply—it expands exponentially, radiating an ever greater light.

In mathematical terms, it is like “to the power of”—an exponential. Thus, the more people there are who pray, the more powerful the energy of prayer becomes.

Therefore, there is no need to drive yourself by saying, “I have to, I have to.” When your heart feels a little low, those around you will lift you up.

And when you have room in your heart, you can offer strength to someone who feels weak.

All of us have within us the spiritual lineage of exalted Divine Beings who were born to help one another, to cooperate together, and to transform the Earth into a truly harmonious planet.

So even if your habitual thoughts from challenging spiritual lineages make you think, “Even if you say that, I can’t do it,” you can still do it. For within you lies an immense divine power—you have simply forgotten it.

We often speak of “Divinity Reawakening,” but that means it is not the first time. To reawaken implies that we were originally divine.

We had merely forgotten. Yet even forgetting was not wrong; there was a reason we needed to forget. But now the time has come to remember again.

Therefore, there may be some who still say, “I can’t quite remember,” and others who say, “I have already remembered.”

But I hope that all of us, cherishing our own divinity, can live in such a way that, within our capacity, we share the “Light of Life” with those around us.

It is now 1:43. Let us form the Divine Spark IN once and take a short break. The words are, “The Divinity of Humanity has reawakened. Dai-jouju.”

《Form the Divine Spark IN once》

Recently, I've stopped mentioning this in the public Zoom Prayer Meetings, but in the early days, when the Zoom Prayer Meetings first began and Mr. Nakazawa was still with us in good health, it was often said, "Those who are joining with their screens dark, please turn your video on."

The reason was that energy flows both ways—mutually and interactively—when we can see each other.

For example, the Zoom meetings are also streamed on YouTube, but that is so people who, during the Prayer Meeting time, are busy with work, household tasks, or other obligations can still participate later when they have more time, by watching on YouTube. I myself sometimes join on YouTube, and other times on Zoom.

What I've come to feel through this is that "when I participate through Zoom, I receive so much more of everyone's powerful energy."

Of course, the sense of feeling or not feeling energy differs from person to person. Some might say, "Well, I don't feel anything, so it doesn't matter to me."

That's fine, but ideally, when we can see each other's faces on screen, this two-way exchange of energy happens naturally. For example, if you are someone who currently needs support, you can receive helpful energy from those who have extra capacity; and if you are someone who feels well and strong, you can radiate your energy outward.

When we all do this together—helping and supporting one another—the whole field gently lifts upward. The level of our collective consciousness rises just by participating together.

Therefore, for example, if someone says, "I'm joining from my hospital bed," I think joining via YouTube is perfectly fine, and even joining Zoom with the video off is fine too.

Also, for women who might say, "I've already removed my makeup, so I don't want to show my face on Zoom," it's perfectly fine to join with the camera off.

But, when that's not the case, it would be wonderful if you could gently encourage others by saying, "If you join with your video on, there will be much more energy exchange."

My apologies—it's now 1:50. We'll resume at 2:02. Since I think everyone's video is now off, please take a break.

《10-minute break》

Now it's past 2:02, so let's begin again.

During the break, someone said, "We do our prayers and form the IN, but in our daily lives, I think most of the time our state of consciousness during prayer doesn't continue."

Perhaps there are some who are joining for the first time today, but this Study Session has been continuing since September 2023, and throughout it, I've repeatedly said, "The time when we are not praying, not forming the IN, when our attention is relaxed—those are the most important times."

For example, some might say, "Well, I form the IN several times a day and pray with the Touitsu CD, so that's enough," but during our waking hours, the time spent not praying or forming the IN is far longer.

If there are 24 hours in a day and we sleep for eight of them, that leaves 16 hours. Within those 16 hours,

how many hours do we spend forming the IN, and how many hours do we spend resonating the Prayer for World Peace? Of course, this varies from person to person, so I can't say there's a single answer, but generally speaking, the time we spend not praying or not forming the IN is probably much longer.

Therefore, even if we think, "It's fine because I'm sincere when I form the IN and when I pray," if during the rest of the time we let our habitual thoughts flow unchecked, then at best we stay at plus-minus zero—it doesn't get worse, but it doesn't improve either. It just stays the same, and that's the usual state for most people.

The other day, one participant of this Study Session wrote to me, saying, "I'm over 70 years old, but after listening to your talk, SAITO-san, I memorized The Poem of the True Self."

They also wrote, "It took me more than a month," but how long it takes doesn't matter at all. Even if it took half a year, a year, two years, or three years—it's truly wonderful to have finally memorized it after three years.

They said that once they were able to recite it without looking, their daily consciousness completely changed.

From my perspective, that's only natural, because the words in The Poem of the True Self are words directly written by the Source of Life itself—the very origin of our existence—holding the brush and writing through divine consciousness.

So when you memorize and can recite the words of the Poem of the True Self without looking, you are internalizing the consciousness of the Source of Life itself.

That person who wrote to say "I have memorized it" also wrote, "It has become my treasure," and I thought, "How truly wonderful. How amazing."

I felt that no matter how many times I said "amazing" or "wonderful," it would still not be enough to express how great that was.

So in my reply email, I simply sent back one enormous word: "Amazing."

There are also others who say, "Every day, all day long, I live saying, 'Thank you, Guardian Spirit.'" And some who say, "Thanks to that, now I live only in gratitude, SAITO-san!" From my point of view, that is already an awakened state.

They themselves might not think so, but that is already the state of Oneness with the Divine Self. For everyone to enter that state of God-Self Oneness is one of the purposes of this Study Session.

I honestly believe it is natural that everyone can attain God-Self Oneness. Do you know why I think "it is natural that everyone can"?

Because all are divine beings. There is not a single person who is not divine. Even if we extend our awareness across the entire Earth, there is not a single person who is not divine.

Even those deeply immersed in ego and selfishness, those who wage wars and kill people, those who lead those wars, or those who stand behind them, stirring up nations into conflict and making immense profits

while laughing “Heh-heh-heh”—even they are divine beings.

Just because they are now acting apart from divinity does not mean we can dismiss them as “bad” or “not divine.” It’s not that kind of issue.

The Source of our Life has planned to lift every single being up to a state of “remembered divinity,” and that is why we were born in this age. We are angels dispatched from the Divine World. Each and every one of us is an angel. Though invisible, we have wings on our backs. Therefore, our consciousness can freely soar anywhere.

Because we are living within these small physical bodies, we may sometimes feel, “How limited I am,” but such limitation only exists up to a certain stage.

We were born into this world to create a planet where all humankind can live in true freedom.

What that means is this: there is a term called “dimensional ascension.” It refers to elevating both the spiritual and material vibrations of the entire Earth to a level where humanity can interact with the people of the more highly evolved stars of the universe.

That is why we were born. Therefore, among those who are here today, there are some whose spiritual lineages contain memories of having lived as Cosmic Beings.

Even if one’s lineage does not directly contain a Cosmic Being, those who participated in the Special Touitsu Ceremony held outdoors at Fuji on May 9, 1993, may remember that during that event, it was explained, “Today, more than ten thousand spacecraft are stationed in the sky above us.” Some of you may still remember that.

Those beings who came to Earth aboard those crafts were said to have come from deep within the galaxy—planets of the Solar System’s kind, but from regions thousands of levels closer to the Center of the Universe. On that day, what happened was that the high divine spirits of the universe entered our physical bodies for an instant.

They may be called Cosmic Beings, or you might call them Cosmic Angels—it doesn’t matter which. In essence, divine spirits of the universe entered us, and then immediately withdrew.

What happened through that was this: through our collective memory, the beings of the universe instantaneously perceived and understood the current state of life on Earth.

At the same time, within the human bodies into which these cosmic divine spirits entered, their own wisdom, intelligence, abilities, and even the culture and civilization they carried were left imprinted within the people they entered.

That is why, on that day, it was said at the end, “From among those gathered here today, there will appear noble individuals who will lead the Earth in various fields.”

Of course, there is no reason to feel disappointed if you were not there that day. Because we are, even now, offering the Prayer for World Peace and forming the Divine Spark IN as part of our daily lives.

When we do so, we often hear the phrase “the Great Divine Light of Salvation.” This refers to the great spiritual host of divine beings in the Divine World. While we commune with that Light, the power of the Cosmic Beings—

those deeply connected with Earth and assisting its evolution—is also being poured into us.

And one day, truly within our own lifetime, while we are still in the physical world, the day will come when we will meet the beings of the universe. (Someone shouted “Banzai!”) Yes—this is indeed a moment for Banzai! It is not a fantasy.

Many of you here have probably heard or read the words of GOI-sensei, and you may remember what he said long ago:

“I dislike prophecy, but I will make only these two. Cosmionic Wave Life Physics will surely be completed and used on Earth. And the Cosmic Beings and Deities will materialize and appear in physical form. If these two things do not happen in reality, the Earth cannot be saved.”

Some may wonder, “Then what have we been doing up to now? We have been praying so earnestly for world peace and forming the IN—what has all of that been for?”

What the beings of the universe and the Deities of the Divine World have been doing is elevating both the spiritual and material vibrations of this world to such a degree that they can become visible to our physical eyes.

In the general spiritual community, people talk about “Ascension” or “Dimensional Elevation,” but it is these beings who have been leading and pulling that process forward.

That is why we are told, “Have confidence in yourselves.” You are truly extraordinary souls who have accomplished something magnificent.

Please don’t limit yourself by saying things like, “I’m just a housewife.” From the perspective of the world of Life, you are carrying out an incredible work. Even if you don’t realize it, that has already become the true spiritual power of your soul.

Those who boast in worldly terms are not the strong ones.

Those who have money or political power are not the strong ones.

Those who are eloquent with words are not the strong ones.

Those who possess physical force or violence are not the strong ones.

The strongest are those overflowing with Divinity.

We have already struck the spring of Divinity itself.

Therefore, when we turn our consciousness toward Divinity, it wells up endlessly like pure water.

We must sustain that state throughout the day—think about what we can do to maintain it, and live in a way that expresses it through our actions. And then, act on it.

Action is everything. No matter how good your thoughts may be, they mean nothing if you do not act. We must live 24 hours a day manifesting God through our thoughts, words, and deeds.

During the eight hours we sleep, we are training under the guidance of our Guardian Spirits, so that time is well spent. But during the remaining sixteen hours, we must actively stay connected with our Guardian Spirits and

express divine words, thoughts, and actions through our lives.

This must be expressed in action—carried out, practiced, lived. If we do not act, it means nothing. Just do it. When we do, real transformation happens. And among us, there are already many who have transformed in this way.

You may wonder, “What does it mean to live all day in a state of manifesting Divinity?” To reach that state, we must consciously use our breath and awareness for a certain period of time. I often recommend constantly thinking of, or when alone, chanting, the Words of Light, Words of Truth, and Words of Divinity.

At the same time, strengthen your connection with your Guardian Spirit—or better yet, unite with it. There can be no Divine Reawakening without the Guardian Spirit.

You might think that because we say “sama,” it refers to someone separate from us, but the Guardian Spirit consciousness is the divine presence within ourselves. From the perspective of the soul, it is a part of our own heart.

As written in God and Man, the human soul is made up of seven hearts. One of those seven is the heart of the Guardian Spirit.

The heart of the Guardian Spirit is the closest divine vibration to us. Therefore, the first thing to establish firmly is this connection with the nearest vibration of Divinity.

To do so, we must spend each day as if conversing with our Guardian Spirits (of course, it is one-sided), being aware of them, directing our consciousness toward them, and living in gratitude to them.

Along the way, think of the Words of Light, the Words of Truth, and the Words of Divinity—such as “All is perfect, nothing is lacking, Dai-jouju. All is perfect, nothing is lacking, Dai-jouju,” or “I am God. I am God. I am God. I am God,” or “May Peace Prevail on Earth. May Peace Prevail on Earth. May Peace Prevail on Earth.” Any of these are fine.

Continue to recite or think in your heart the Words of Light, the Words of Truth, and the Words of Divinity. While doing this, set the initial condition of consciousness within yourself, as I mentioned in the previous or earlier session.

For example, you can set this condition: “When I visualize or recite the words ‘May Peace Prevail on Earth,’ my breathing becomes calm and relaxed.” Then practice that.

If you do it sincerely, you will change within three weeks to a few months. Your habits will change.

Then, the setting you have given yourself will activate within you, and when you recall the Words of Light, the Words of Truth, and the Words of Divinity, your breathing will naturally become calm.

Therefore, there is no need to feel burdened, thinking, “I must breathe slowly and also think of the Divine Words.”

While consciously reciting and thinking of the Words of Light, the Words of Truth, and the Words of Divinity, allow yourself to spend relaxed moments. If, during those relaxed times, you do not consciously use your awareness, your habitual thoughts, words, and actions will flow out unconsciously.

You must nurture yourself. No one can do it for you. Even if someone offers you help, if you have no will to

change, you will simply revert to your old self. That is human nature.

Therefore, let go of the thought, “Someone will save me,” and instead, connect with your Guardian Spirit and nurture yourself.

By doing this, each one of us becomes a satellite center of the tremendous Light of the Great Divine Light of Salvation. The word “satellite” can mean both “relay point” and “artificial satellite.”

Perhaps the easiest modern analogy is the cell phone. To make mobile phones usable everywhere, phone companies have built countless relay stations throughout every prefecture, city, and town.

Because of that, we can use our phones at home or while traveling. But sometimes we find places where “the signal is weak.”

Now, imagine how much the Divine Light has reached the Earth, using this example of the cell phone network. There are still many places where the light has not yet fully spread.

The seeds have been planted. Through the Divine Spark INs we perform daily, the sowing of divine seeds is steadily progressing. It’s just that the sprouts have not yet appeared.

However, by each of us becoming a light relay center of the Great Divine Light of Salvation in this world, we can more effectively and widely transmit the waves and vibrations that uplift the consciousness of humanity on Earth.

What I speak, think and do are only for humanity. Only for the happiness of humanity. Only for the peace of humanity. Only for the awakening of humanity.

Therefore, the words, thoughts and actions I myself have are beyond any selfishness, ego or conflict. They are in themselves, the universe, light, truth, and the existence of God.

For a long time, I couldn’t understand these words. I thought they were just an ideal. For decades I told myself, “That may be true, but I could never do it.”

But at some point—perhaps around the mid-2010s, or to be more precise, after entering the 2020s—thanks to divine grace, I truly changed and became the very self expressed in that declaration.

All year round, I am manifesting the content of that declaration through my thoughts, words, and actions. My thoughts are now only about the peace of the Earth and the Divine Reawakening of Humanity.

Although my wife is not beside me today, our daily conversations are like constant study sessions or teacher training meetings.

Some people might think, “That must be terribly rigid,” but it’s not like that at all. We also watch TV variety shows and laugh out loud together.

However, even while watching such shows, our conversation naturally shifts to things like, “Look, that celebrity’s Guardian Spirit is trying to guide them in this way.”

Many Byakko people tend to look down on television, but it’s not something to be dismissed. Even NHK’s morning drama series are written with the guidance of divine beings from the spiritual world, who inspire the writers’ minds and weave truth into the scripts.

So just by watching those dramas, the divine beings are gently turning the hearts of the Japanese people toward truth.

When people judge, saying “This is foolish” or “That is meaningful,” those are only human interpretations. Everything that exists has meaning.

There is not a single person who lives without purpose. I often say this lately: if the divine world had judged people like Putin or Netanyahu as “unnecessary,” they would have long since passed on to the next world—but they are still very much alive.

That means their existence has meaning. They have a mission given from Heaven that ordinary people cannot comprehend.

Those who have learned to see things from a panoramic viewpoint can perceive the divine will even while living in the physical body.

As I wrote in Thursday’s email, the physical eyes do not suddenly become the Divine Eyes. To attain the Divine Eyes—the panoramic vision of sacred perception—one must first pass through the state of consciousness called “meta-cognition” in psychology, the ability to observe things objectively. Through this process, one enters the Divine Eye, the true panoramic viewpoint.

In this context, “panoramic” does not mean what is called a “bird’s-eye view” in English.

The English expression “bird’s-eye view” literally means to see as a bird sees, but the panoramic viewpoint from the divine state allows one to perceive dimensional depth at the same time.

Moreover, one can see the present, past, and future all at once—as if viewing them on the palm of one’s hand. All of it becomes clear in an instant.

Those who listened to the teachings during the Holy Hill era of the 1980s may remember this, but as I recall, at that time the term “the fourth-dimensional state of consciousness” was often used. For example, when facing someone directly, ordinary human eyes can only see the other person’s face, torso, or front side.

However, Masami-sensei explained, “When you see with the four-dimensional eye, you can see from above, below, right, left, behind—even as if you were viewing the body in cross-section—you can see everything instantly, from all directions.” I remember hearing this teaching at the Sacred Mountain.

At that time, I was in my early twenties, so I didn’t understand it at all. I simply thought, “Wow, that’s amazing,” and listened.

But after 2020, I have experienced again and again what she meant, and now I no longer have any doubt about such a state.

However, that awareness applies only to what one needs to know. Things that are unnecessary to know remain unknown. When something must be known, the entire picture becomes clear in an instant.

That is the state in which the Divine Eye has become your own eye. The physical eyes are not the only organs of sight. You also perceive the vibration of what you see, the depth of dimension, and can understand a person’s present, past, and future instantly.

To reach that state, one must gradually dissolve the “habits within one’s thoughts, words, and actions.”

Some may say, “I don’t know what is a habit and what is not.” That is precisely why I say, “You need to observe yourself objectively.”

Without passing through this “stage of objective self-observation,” one cannot reach the Divine Eye—the panoramic vision of Divinity. Therefore, first become a person who can objectively see your own words, actions, and behavior.

It doesn’t take long. It happens quickly. That stage ends soon.

Now, the waves of Divinity are pouring down upon the Earth with tremendous force. Because we are highly sensitive to this divine light, we can quickly pass through the stage of objective self-observation.

When one cannot see oneself objectively, it becomes impossible to distinguish what is a habit and what is not. In such cases, how does the Guardian Spirit guide a person? By using the mouths of those around them to deliver words of correction.

There are often husbands who say, “My wife scolded me,” or wives who say, “My husband said something harsh to me.” But it is not one physical human talking to another—it is our Guardian Spirits teaching us through our partners.

And it’s not limited to couples. The same happens between parents and children—a parent learning from a child, or a child guided by a parent. Both cases exist.

It also happens among close friends. Guardian Spirits use human beings to guide human beings.

Therefore, when someone says something harsh to you, instead of feeling resentment toward that person, think, “My Guardian Spirit is using this person to teach me.” By doing so, you can rise one step higher, out of the repetitive waves of the past.

It may be difficult because of the resistance of the ego, but in such moments, you are welcome to email or call me. You can rise easily.

Everything is vibration. Through the interaction of vibrations, everyone is being lifted into higher worlds. Even during these nearly two hours of sharing, our consciousness has been elevated. Of course, I too have been lifted.

Ah, it’s 2:52 now. I’m sorry—we’ve gone a little over time. So, we will continue two weeks from now, on Saturday, November 1, at the same time. I’m not sure whether it will be a continuation or a new topic, but I would like to continue our study together.

To conclude, let us form the Divine Spark IN once together. If it is difficult for your body, please remain seated. Those who are sitting, please connect with Mother Earth through your hips.

By straightening your posture, you connect with Heaven through the top of your head. Receive the Light of Heaven and the energy of the Earth—let the Light of Heaven flow into the Earth, and the energy of the Earth flow into Heaven. Let us form the IN while thinking of your body as the pipe and conduit of that circulation.

Those who are standing, even if you are indoors, imagine that under your feet is the Earth itself. Grip the floor

firmly with your toes, straighten your posture, relax your shoulders, and lightly tuck your chin.

We will now form the IN in that state. When we are in this posture, even if someone suddenly pushes us from behind, we will not move.

The words are the same as before. We will form the IN once while saying, “The Divinity of Humanity has reawakened. Dai-jouju.”

《Form the Divine Spark IN once》

Thank you very much. I intended to finish earlier today, but it has again become almost two hours.

If anyone has other plans, please feel free to leave in the middle. The session will be available later on YouTube and also as a written text, so please prioritize your schedule without worry.

Tonight, we also have the program “A Day to Gaze at the World through the Divine Eyes.” Some parts will connect with today’s study, but in the evening session, I will gently share the message, “Let us truly make the Divine Eyes our natural eyes.”

With that, I would like to conclude today’s Study Session. Thank you very much for your kind participation despite your busy schedules.

I will now unmute everyone’s microphones. Thank you very much.

《Bye-bye Time》

This concludes today’s Study Session. Thank you very much.

The End.