

During the *Video Prayer Gathering* held on Saturday, September 27, Yuka-sensei shared, “Recently, I always switch within myself between the ‘physical eyes’ and the ‘Divine Eyes.’” She kindly explained what that state means.

At the same time, she also said, “When I look at the phenomena that unfold before me every day through the physical eyes, my heart often feels troubled, sad, or in pain. Every time I see news about wars or disasters, I find myself thinking, ‘I must do something,’ or, ‘What should I do?’”

She further added:

“When we look through the Divine Eyes, we can see the whole picture from a higher and broader dimension than with the physical eyes. Therefore, when our hearts ache, feel sorrow, or react to phenomena while we are seeing through the physical eyes, we can still embrace and watch over those reactive emotions with greater awareness and compassion.”

Then, how can we make the Divine Eyes our natural eyes and observe the world from a Divine viewpoint at all times? Simply put, it begins with practicing to believe in our own Divinity 200%, living each day in *complete gratitude*, and cultivating the practice of living within the *unity of Divine Words and calm breathing*. Through such daily practice, an elevation in the dimension of physical vision will naturally occur.

From a developmental perspective, the physical eyes do not suddenly transform into the Divine Eyes. Just as human beings pass from childhood to adolescence and then into maturity, there are also intermediate stages that must be traversed between the physical eyes and the Divine Eyes.

That is, “subjective consciousness passes through the stage of objective consciousness, and beyond that lies the stage of overview (meta) consciousness.” In developmental psychology, this is called *metacognition* (a higher-order cognitive function), and this level of awareness is a transitional domain that everyone must experience before reaching the state of the Divine Eyes.

When we look into what “metacognition” actually means, we find various definitions such as the following.

- ✓ *The ability to objectively perceive one’s own thoughts, emotions, and behaviors, and to adjust them appropriately.*
- ✓ *To observe one’s own thoughts and actions from an objective standpoint.*
- ✓ *To objectively recognize and evaluate one’s own cognitive activities (such as perception, emotion, memory, and thinking) and then regulate them.*
- ✓ *The inner self within one’s mind that makes calm and objective judgments.*
- ✓ *The ability to objectively recognize one’s own cognitive activities, such as understanding and thinking.*

When the awareness of metacognition gains dimensional depth and the ability to perceive the present, past, and future all at once, that state of vision becomes what is called the Divine Eyes—the sacred vision known as the eyes of Divinity.

In everyone's life leading up to and through middle age, the opportunity is given—without exception—to acquire this higher cognitive function (metacognition). Whether one seizes that opportunity and cultivates the capacity to view things objectively at the present stage depends entirely on each individual's choice, decision, and action.

There is no “early” or “late” in that timing. Once one awakens the aspiration—“Let us live as the very embodiment of Divinity,” “Let us graduate from being merely human,” “Let us entrust all subjective thoughts to our Guardian Spirits and master the Divine Eyes”—and acts upon it, anyone can be reborn as the sacred humanity that beholds the world through the Divine Eyes and embraces all existence in its totality.

On Saturday night, those who already use the Divine Eyes to embrace the world and those who are on the verge of awakening them will gather together. Through the exchange of vibrational resonance, everyone will gaze upon the world with the Divine Eyes, embrace all beings—those we once judged, criticized, or evaluated as good or bad—and together offer them in divine embrace to Heaven.

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## 【Opening Remarks】

**SAITO** : Hello everyone. We will now begin the Saturday program, “*A Day to Gaze upon the World with the Divine Eyes.*”

Since the last session, the title has changed from “*A Day to Cultivate the Divine Eyes*” to “*A Day to Gaze upon the World with the Divine Eyes.*”

Accordingly, the content of the program has become even more profound than before.

Since September 2023, we have continued the *Study Group*—a kind of “behind-the-scenes Zoom Prayer Gathering.” Under the theme “*Let us all unite with our Divine Self while we are alive,*” we have shared many deep teachings that could not be discussed in the public Prayer Gatherings.

Moreover, until May, the Study Group was held once a month on the first Saturday at 1:00 p.m., but it has now been increased to twice a month—on the first and third Saturdays at 1:00 p.m.—with the content evolving toward an even deeper and more essential level.

At first, the Study Group was shared only among a limited number of members. However, as many participants began to put its teachings into practice and actually entered the world of realization, and given the current age, in which “the decisive moment has truly arrived,” we have recently decided to make the contents public through the *Peace Letter*.

Reports of the gatherings can also be viewed by clicking the link in the body of the *Peace Letter* emails, so those who are interested may read them there.

At this moment in 2025, the atmosphere for the reawakening of Divinity throughout all humankind on Earth is steadily rising. Even amid what seems to be a world full of problems,

more and more people are turning their eyes toward true solutions—toward the truth of life itself, asking, “Who are we, really?” People all over the world are awakening to that truth.

The time has truly ripened to keep open the Door to the Divine Civilization. The key to that door is our *Divine Eyes*.

During the last session of “*A Day to Gaze upon the World with the Divine Eyes*,” I mentioned that “the Divine Eyes through which we gaze upon the world do not merely see the limited, physical world fixed before us, but, according to the expansion of our consciousness, can instantly perceive countless realms.”

As I said previously, those Divine Eyes are not the physical eyes. They are the integrated vision of the astral eyes, the spiritual eyes, the divine-body eyes, the eyes of the Guardian Spirits, the eyes of the Guardian Deities, and the eyes of the Direct Spirit—all unified as the *Divine Eyes* that can instantly see through all dimensions and future timelines existing simultaneously.

Through our continuous practice of *the Prayer for World Peace through the Disappearance of Appearances*, *The True Way of Human Life*, *The Unification Practice*, *The Prayer for World Peace in Various Languages*, *The Gratitude Practice for the Earth World*, *The Thorough Practice of Bright Thought*, *The Breathing Method with the Sacred Name*, and various *INs* including *the IN of Divine Reawakening*, we have, with the assistance of Guardian Spirits, Guardian Deities, and countless divine beings and cosmic angels, cultivated ourselves to the point where we can live with the Divine Eyes as our own eyes.

This path of consciousness evolution will continue far into the future.

Human beings are life forms capable of infinite evolution. As long as we do not give up, close the path, or stop out of satisfaction, we can continue refining and elevating ourselves—deepening, heightening, and expanding our state as manifestations of the Divine itself.

The Saturday evening program is a time to express, as much as words allow, the subtle and unseen dimensions of heart, consciousness, and awareness that are usually difficult to share with others. Through prayer and the practice of the *INs*, we blend, share, and expand the vibrational consciousness of all participants—mutually giving, deepening, elevating, and broadening our shared awareness.

Today as well, let us each offer our unique qualities as vibration to this sacred space, blending our strengths together so that we may share in a “Greater Divine Eye”—the integration of all of our individual Divine Eyes.

Thank you very much for being here.

Now that the time has come, let us begin with the *Prayer for World Peace* in Japanese and English.

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## 1. Prayer for World Peace

**SAITO** : Let us begin.

Sekai Jin-rui ga Heiwa de ari-masu you-ni.

Nippon ga Heiwa de ari masu you-ni.

Watakushi-tachi no Ten-meï ga mattou sare masu you-ni.

Shugo-Rei-sama, arigatou gozai-masu. Shugo-Jin-sama, arigatou gozai-masu.

May peace prevail on Earth.

May peace be in our homes and countries.

May our missions be accomplished.

We thank you, Guardian Deities and Guardian Spirits.

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## 2. Time to Deepen Our Awareness of the Divine Eyes

**SAITO** : Thank you very much. Now, let us take time to deepen our awareness of the Divine Eyes. I will speak in Japanese while playing music, so please listen as you read the following text.

Today, in order to clearly recognize the Divine Eyes as our own true eyes, we will recall the *consciousness of the Guardian Spirit*—which exists deep within our souls as part of our *Inner Divinity*—and bring it forth into our conscious awareness.

In the opening passage of *The Declaration of “I am God,”* there is the word “God.”

Today, I will replace that word with “*Guardian Spirit*” as I read it.

Please keep your eyes closed, and with the eyes of your heart continue to gaze upon your own Divinity as you listen.

“The words I speak are the very words of the Guardian Spirit;  
the thoughts I emanate are the very thoughts of the Guardian Spirit;  
the actions I express are the very actions of the Guardian Spirit.”

“The words I speak are the very words of the Guardian Spirit;  
the thoughts I emanate are the very thoughts of the Guardian Spirit;  
the actions I express are the very actions of the Guardian Spirit.”

If we are beings of *I am God*, then it is clear that we are also beings of *I am the Guardian Spirit*. This is because the consciousness of the Guardian Spirit is one of the seven aspects of the heart that are woven into our souls.

Some may think, “If that’s the case, then why not say *I am the Guardian Deity*, or *I am Goi Sensei*?”

But please think carefully.

If a person cannot yet unite with the consciousness of their own Guardian Spirit, could they possibly unite with the consciousness of the Guardian Deity, the higher gods, or that of Goi Sensei?

The first step we must take is to aspire to unite with the Guardian Spirit—who is the divine being closest to us, the divine soul most intimately connected with our own.

In other words, it means bringing the consciousness of the Guardian Spirit—already embedded

within the soul—into our conscious mind, and living each day with a heart united with the Guardian Spirit.

Union with the Guardian Deity, the True Self, the Direct Spirit, or with Goi Sensei will naturally unfold once we have achieved union with our Guardian Spirit.

At that moment, a direct channel to the higher realms opens within everyone's soul without exception.

Therefore, while we live in the physical body, it is essential that we live by embodying the heart of our Guardian Spirit as our own heart before all else.

To do so, it is vital that we continuously—day by day, moment by moment, throughout every instant—hold a feeling of gratitude toward our Guardian Spirit.

By doing this, without a single exception, each of us will come to live with the heart of the Guardian Spirit as our own heart.

When we live with a heart united with our Guardian Spirit, Divine Reawakening is fulfilled, and all suffering dissolves.

When we live with a heart united with our Guardian Spirit, the karmic relationships behind human interactions are revealed.

When we live with a heart united with our Guardian Spirit, the causes of illness and misfortune become clear.

When we live with a heart united with our Guardian Spirit, the way to live in happiness becomes clear, and we can put it into practice.

When we live with a heart united with our Guardian Spirit, infinite creativity and divine wisdom overflow without end.

When we live with a heart united with our Guardian Spirit, we feel supreme joy in the endless days of evolution and spiritual growth.

When we live with a heart united with our Guardian Spirit, we can sincerely recognize the Divinity of all humankind without falsehood or doubt.

There was never any problem to begin with.

It was only the habitual thought patterns—those that had handed over the authority of life to memory—that created problems on their own.

By releasing the binding thoughts of fixation, obsession, and attachment, and entrusting them to our Guardian Spirit, we find within ourselves the power to perceive the light of hope even amid seemingly difficult situations.

We had merely forgotten that infinite life-force.

The consciousness of the Guardian Spirit is the awareness that leads directly to our True Self.

We had simply forgotten the truth of life itself.

It is the consciousness of the Guardian Spirit that helps us remember it.

The Guardian Spirit has never abandoned us, never forsaken us, not for a single moment—always watching over and guiding us closely, even as we have lived selfishly and wandered aimlessly.

We can never thank our Guardian Spirit enough.

We wish to begin repaying this divine grace little by little.

If you feel this way, then live with the consciousness of oneness with the Divine Self.  
Treat yourself as a divine being and live manifesting your infinite abilities.  
There is always a thread leading to the solution of illness, suffering in relationships, and financial difficulties.  
That key lies within *the Light of Life* of each and every one of you.

We thank you, Guardian Spirits and Guardian Deities.

We thank you, Great God GOI.

May peace prevail on Earth.

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### 3. Gratitude to the Natural World in Various Regions through the Divine Eyes

**GYOUTEN** : Thank you, SAITO-san. From here, we will take time to gaze upon the Earth with the Divine Eyes and offer our gratitude to the great Nature and to all living beings.

In March 1992, when the Practice of Gratitude to the Earth World without forming the INs first began, our way of giving thanks to Nature and to all living beings was based on the viewpoint of human beings in the physical world—it was gratitude from the human perspective.

Now, thirty-three years later, in 2025, we have reached the stage where we can, from the Divine perspective, send the Light of Gratitude to every being and every event throughout existence.

With hearts full of gratitude toward the Guardian Spirits, Guardian Deities, the Gods of the Divine Realm, and the Celestial Angels of the Universe who have nurtured us along this path, we will now offer our renewed gratitude to Nature and to all forms of life throughout the world.

From this point on, we will read aloud the words shown on the slides while forming the IN of Divine Reawakening. Let us begin.

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#### 3-1. Prayer for the Great Nature of North and Central America

**SAITO** : First, we will offer a prayer to the great Nature of North and Central America. Please read aloud the words on the screen and form the Divine Spark IN once.

**GYOUTEN** : We are united with the great nature of North and Central America through the Divine.

To all of North and Central America's great nature—its water, air, wind, earth, mountains, and living beings—we offer our heartfelt gratitude and send the Light of the Universal God.

<One Performance of the Divine Spark IN> (Pray silently for 10 seconds)

**SAITO** : Hai, arigatou gozai-masu.

## 3-2. Prayer for the Great Nature of South America

**SAITO** : Next is the prayer for the great nature of South America.

Please read aloud the words on the screen and form the Divine Spark IN once.

**GYOUTEN** : We are united with the great nature of North and Central America through the Divine.

To all of North and Central America's great nature—its water, air, wind, earth, mountains, and living beings—we offer our heartfelt gratitude and send the Light of the Universal God.

<One Performance of the Divine Spark IN> (Pray silently for 10 seconds)

**SAITO** : Hai, arigatou gozai-masu.

## 3-3. Prayer for the Great Nature of Europe

**SAITO** : Next is the prayer for the great nature of Europe. Please read aloud the words on the screen and form the Divine Spark IN once.

**GYOUTEN** : We are united with the great nature of North and Central America through the Divine.

To all of North and Central America's great nature—its water, air, wind, earth, mountains, and living beings—we offer our heartfelt gratitude and send the Light of the Universal God.

<One Performance of the Divine Spark IN> (Pray silently for 10 seconds)

**SAITO** : Hai, arigatou gozai-masu.

## 3-4. Prayer for the Great Nature of the Middle East

**GYOUTEN** : Next is the prayer for the great nature of the Middle East.

**GYOUTEN** : We are united with the great nature of North and Central America through the Divine.

To all of North and Central America's great nature—its water, air, wind, earth, mountains, and living beings—we offer our heartfelt gratitude and send the Light of the Universal God.

<One Performance of the Divine Spark IN> (Pray silently for 10 seconds)

**SAITO** : Hai, arigatou gozai-masu.

## 3-5. Prayer for the Great Nature of Africa



**GYOUTEN** : Next is the prayer for the great nature of Africa. Next is the prayer for the great nature of Africa. Please read aloud the words on the screen and form the Divine Spark IN once.

**GYOUTEN** : We are united with the great nature of North and Central America through the Divine.

To all of North and Central America's great nature—its water, air, wind, earth, mountains, and living beings—we offer our heartfelt gratitude and send the Light of the Universal God.

<One Performance of the Divine Spark IN> (Pray silently for 10 seconds)

**SAITO** : Hai, arigatou gozai-masu.

### 3-6. Prayer for the Great Nature of Asia

**GYOUTEN** : Next is the prayer for the great nature of Asia. Please read aloud the words on the screen and form the Divine Spark IN once.

**GYOUTEN** : We are united with the great nature of North and Central America through the Divine.

To all of North and Central America's great nature—its water, air, wind, earth, mountains, and living beings—we offer our heartfelt gratitude and send the Light of the Universal God.

<One Performance of the Divine Spark IN> (Pray silently for 10 seconds)

**SAITO** : Hai, arigatou gozai-masu.

### 3-7. Prayer for the Great Nature of Oceania

**GYOUTEN** : Next is the prayer for the great nature of Oceania. Please read aloud the words on the screen and form the Divine Spark IN once.

**GYOUTEN** : We are united with the great nature of North and Central America through the Divine.

To all of North and Central America's great nature—its water, air, wind, earth, mountains, and living beings—we offer our heartfelt gratitude and send the Light of the Universal God.

<One Performance of the Divine Spark IN> (Pray silently for 10 seconds)

**SAITO** : Hai, arigatou gozai-masu.

### 3-8. Prayer for the Great Nature of All Other Regions

**GYOUTEN** : Next is the prayer for the great nature of all other regions. Please read aloud the words on the screen and form the Divine Spark IN once.



**GYOUTEN** : We are united with the great nature of North and Central America through the Divine.

To all of North and Central America's great nature—its water, air, wind, earth, mountains, and living beings—we offer our heartfelt gratitude and send the Light of the Universal God.

<One Performance of the Divine Spark IN> (Pray silently for 10 seconds)

**SAITO** : Hai, arigatou gozai-masu.

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## 4. Prayer for the Divine Spark of Humanity

**GYOUTEN** : Now, with heartfelt sincerity, let us perform the Divine Spark IN once for the Divine Reawakening of humanity. After performing the IN, please keep your eHai closed and continue to pray.

May peace prevail on Earth.

The Divinity of Humanity has reawakened. Dai-jouju.

May peace prevail on Earth.

The Divinity of Humanity has reawakened. Dai-jouju.

< Divine Spark IN once> (Pray silently for 14 seconds)

**SAITO** : Hai, arigatou gozai-masu.

**GYOUTEN** : Thank you very much.

**SAITO**: Thank you so much, GYOUTEN-san.

The END